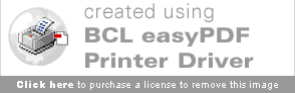


AAAAI Allergy & Asthma Medication Guide: Allergy Medications

Last updated: November 2006

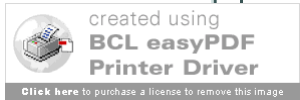
Generic name	Brand name	Class	Use	Dosage	Tips/product Link
Acrivastine	Semprex-D Capsules	Antihistamine Decongestant Rx	Allergic rhinitis	Age 12 and above; one capsule every 4 to 6 hours	Do not take if you have high blood pressure or narrow angle glaucoma May cause sedation. Pregnancy Category C
Brompheniramine	Generic Elixir 2mg/ 5 mL Tablet 4 mg	Antihistamine OTC	Allergic rhinitis and other allergies	Children under 6: 0.125 mg/kg every 6 hours up to 8 mg/day Children 6 to 12: 2 to 4 mg every 6 to 8 hours up to 16 mg/day Adults: 4 mg every 4 to 6 hours up to 24 mg /day	This is available by itself as well as in combination with decongestants. May cause Sedation. Pregnancy Category C
Carbinoxamine	Palgic Tablets Palgic oral Solution	Antihistamine	Seasonal & Perennial Allergic Rhinitis Urticaria & Angioedema	Age 1 to 6: ½ tablet (2 mg) or ½ teaspoon (2 mg) every 6 to 8 hours as needed. Age 6 and older: 1 4mg tablet or 1 tsp. every 6 to 8 hours as needed.	Do not exceed 24 mg / 24 hours in adults. Children do not exceed 0.2 to 0.4 mg / kg / day. Palgic Information May cause sedation. Pregnancy Category C
Cetirizine	Zyrtec Syrup 1 mg/ mL	Antihistamine Rx	Seasonal	Children: 6 to 23 months: 1/2 tsp. (2.5mg) once a day; can increase to twice a day for total of 5 mg. 23 months to 5 years: 1/2 tsp. [2.5 mg] Once or twice a day 6 to 11 years: 5 or 10 mg Once a day	May cause mild

	Zyrtec 5mg Tablet Zyrtec 10mg Tablet Zyrtec Chewable 5mg Zyrtec Chewable 10mg	Antihistamine Rx	Allergic rhinitis: age 2 and older; Perennial Allergic rhinitis: age 6 months and older; Chronic urticaria: age 6 months and older	12 and older: 5 or 10 mg once a day	sedation. With or without food Zyrtec Package Insert Pregnancy category B
	Zyrtec-D 12 Hour	Antihistamine Decongestant Rx	Seasonal and Perennial Allergic Rhinitis	Age 12 and older: One tablet twice daily	Combination of antihistamine (cetirazine) and a decongestant (pseudoephedrine) Zyrtec-D Package Insert Pregnancy Category C Not to be used by people with high blood pressure or narrow angle glaucoma
Chlorpheniramine	generic	Antihistamine OTC	Allergic rhinitis and other allergies	Children 2 to 6: 1 mg every 4 to 6 hours Children 6 to 12: 2 mg every 4 to 6 hours; up to 12 mg/day Over age 12: 4 mg every 4 to 6 hours; up to 24mg/day	This is available by itself as well as in combination with decongestants. Formerly known as ChlorTrimeton May cause sedation. Pregnancy Category B
Clemastine	Generic 1.34 Tab Generic 2.68 Tab Generic Syrup 0.67mg/5 mL Tavist Allergy 12 Hour Relief Tablets	Antihistamine OTC (Syrup & 1.34 tab) Rx (2.68 tab)	Allergic rhinitis Urticaria	Children: 1 tsp twice a day Adults: 1.34 to 2.68 one to three times daily	May cause sedation. clemastine can appear as a part of several combination products. Pregnancy



					Category B
Cyproheptadine	Generic Syrup 2mg/5mL	Antihistamine Rx	Allergic rhinitis Urticaria	Children: 2 to 6 years old: 0.25 mg/kg/day increasing to 2 every 8 to 12 hours. Age 7 to 14: Can increase to 4 mg every 8 to 12 hours	May cause sedation. Weight gain is side-effect Has anti-serotonin action Pregnancy Category B
	Generic tablets 4 mg			Adults: Allergic Rhinitis 4 mg up to 3 times / day Urticaria: 4 mg/3 times a day up to 0.5 mg/kg/day	
desloratadine	Clarinetax 5mg tablets Clarinetax Reditab 5mg Clarinetax Reditab 2.5mg Clarinetax Syrup (0.5mg/mL)	Antihistamine Rx	Seasonal Allergic Rhinitis: 2 years and older. Perennial Allergic rhinitis: 6 months and older. Chronic urticaria: 6 months and older.	Age 12 and older: <ul style="list-style-type: none">One 5 mg tablet daily Children 6 to 11: <ul style="list-style-type: none">2.5mg daily Children 6 months and older: <ul style="list-style-type: none">½ teaspoon (1.25mg) daily	Non-sedating Clarinetax FDA Information Link Clarinetax.com Pregnancy Category C
	Clarinetax-D 12 Hour Clarinetax-D 24Hour			Antihistamine / decongestant	Clarinetax-D 12 Hour is used for the relief of nasal and non-nasal symptoms of seasonal allergic rhinitis. Clarinetax-D 24 Hour: is used for allergic rhinitis

diphenhydramine	Generic "Benadryl Allergy"	Antihistamine OTC (25mg) Rx (50mg)	Seasonal Allergic rhinitis Urticaria Other Allergies	Age 2 to 6: 6.25 mg every 4 to 6 hours Age 6 to 12: 12.5 to 25 mg every 4 to 6 hours Adults: 25 to 50 mg every 4 to 6 hours	May cause sedation. Frequently found in combination products Also used to treat: Insomnia Dystonia Cough Motion sickness Pregnancy Category B
fexofenadine	allegra 30, 60, 180 mg tablets generic fexofenadine tablets: 30mg,60mg & 180mg	Antihistamine Rx	Seasonal Allergic rhinitis Chronic Urticaria	Age 6 to 11: 30 mg twice daily Age 12 and older: 60 mg twice daily; 180 mg once a day for allergic rhinitis	Non-sedating Allegra Package Insert Pregnancy Category C
	allegra-D 12 Hour allegra-D 24 Hour	Antihistamine Decongestant Rx	Seasonal Allergic Rhinitis	Age 12 and older: allegra D 12 is one tablet twice a day. Allegra-D 24Hour is one tablet	Non-sedating Allegra-D Package Insert Not to be used by people with high blood pressure or narrow angle glaucoma Do not take with fruit juices. Pregnancy Category C
Hydroxyzine	Atarax Syrup & Tablets Generic Syrup & Tablets Vistaril Capsules & Suspension	Antihistamine Rx	Itching	Under 6: 2 mg/kg/day divided into 3 or 4 doses 6 to 12: 12.5 to 25 mg every 6 to 8 hours 12 and older: 25 to 100 mg every 6 to 8 hours	Very sedating Also used for anxiety, nausea, sedation, insomnia Pregnancy Category C
Loratadine		Alavert Tablets Claritin Tablets Claritin RediTabs Claritin Syrup Generic	Antihistamine OTC	Allergic Rhinitis Chronic Urticaria	Age 2 to 6: 5mg daily Age 7 and above: 10mg daily No Al: Cl: Pr Ca



	loratadine				
	Claritin-D 12 Hour Claritin-D 24 Hour	Antihistamine Decongestant OTC	Allergic rhinitis	Claritin D12 Hour: age 12 and above, one tablet twice daily Claritin D24 Hour: one tablet daily in the AM	These are combinations of loratadine with pseudoephedrine. Do not take if you have high blood pressure. Claritin-D Information Pregnancy Category B
Montelukast	Singulair 4 mg Chewable 4 mg Oral Granules 5 mg Chewable 10 mg Tablet	Leukotriene antagonist	Seasonal Allergic Rhinitis age 2 and older. Perennial allergic rhinitis age 6 months and older.	Age 2 to 5: one oral granule packet or 4 mg chewable tablet once a day Age 6 to 14: one 5 mg tablet once daily Age 15 and above: one 10 mg tablet once daily	Oral granules to be mixed with applesauce, carrots, rice, or ice cream 4 & 5 mg tablets are chewable This is the same Singulair that is approved for asthma control. Singulair FDA Information Link Singulair Information Pregnancy Category B
triprolidine	Actifed Cold & Allergy Tablets	Antihistamine Decongestant OTC	Allergic rhinitis	Age 6 to 12: 1/2 tablet every 6 hours Age 12 and above: 1 tablet every 6 hours	This is a combination of the antihistamine triprolidine and the decongestant pseudoephedrine. People with high blood pressure and narrow angle glaucoma should not take this tablet. Pregnancy Category C